



Fall T'ai Chi Chih Retreat[®]

with Carmen Brocklehurst

September 20-23, 2018

As we practice T'ai Chi Chih, we balance and circulate the chi, changes occur. Justin Stone wrote "Doing T'ai Chi Chih, there is a timeless moment as we flow effortlessly." Spend a few fall days by the banks of the Rio Grande River to uncover the joy. The Fall T'ai Chi Chih Retreat is an excellent opportunity to go deeper in your practice and to connect with the T'ai Chi Chih community. Carmen Brocklehurst, a T'ai Chi Chih teacher for over 30 years will lead this retreat. This retreat is for those who have already learned the T'ai Chi Chih movements.

The retreat will begin Thursday evening at 8:00 pm and will conclude on Sunday after lunch. The retreat will take place at the Madonna Retreat Center in Albuquerque, NM located at 4040 St. Joseph's Place, NW. If you need additional information, feel free to contact Judy Hendricks, 505-573-0820, e-mail is judyhendricks@me.com. The cost of the retreat is \$365 for a single room with a communal bath or \$290 for a double room and communal bath. This also includes all meals and snacks.

Arrive Thursday September 20th at 7 pm (No dinner). An introduction will begin at 8:00 pm. Depart September 23rd after lunch. For transport from the airport, please call the Sunport shuttle 48 hours before arriving at 505-883-4966. Rides to the airport after the retreat ends at 1:30 pm on Sunday will be provided.

*Return with a check for the full amount. **Deadline for registration is September 10th.***
Fall T'ai Chi Chih Retreat – with Carmen Brocklehurst – September 20-23, 2018

Name: _____
Address _____
City _____ State _____ Zip code _____
Phone H: _____ Cell _____
E-mail _____ Meal Preference: ___ Vegetarian ___ Regular

Check payable to: Judy Hendricks.

Please send to: Judy Hendricks, 10328 Rio Los Pinos Dr. NW, Albuquerque, NM 87114.

T'ai Chi Chih is a federally registered trademark.